



LIVING IMMEASURABLY MORE



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A Message To Our Readers

Welcome to the latest edition of our newsletter. In these pages, you'll find our organization's updates on projects, opportunities in making a difference, the latest on what's happening with LIVE, and more.

Each of you, our dedicated supporters, volunteers, and partners, plays an invaluable role in driving positive change in our community. Together, we are building a brighter future for all.

Thank you for your unwavering support and commitment. Let's continue to spread hope, foster compassion, and empower lives.



<https://immeasurableliving.org/>



Meet the Face Behind LIM's Fitness Initiative

Meet Kariim Smith, a celebrated and award-winning master personal trainer, with over 17 years of expertise in the health and fitness industry. Kariim's journey into fitness began in 2003, sparking a passion that led him to establish his first fitness studio in 2008. His unwavering dedication has propelled BBK Fitness to become one of Atlanta's most coveted fitness studios. Kariim has been training participants of the LIM program and also holds quarterly nutritional sessions emphasizing the importance of a healthy and balanced lifestyle. Kariim joins us as the newest LIM board member.



One of LIM's initiatives is providing educational opportunities such as scholarships. Every year we award scholarships to deserving seniors. This year we've awarded over \$12k dollars to scholarship recipients! Congrats to all our recipients and we wish you all well in your future endeavors!

LIVE LANE



New Contract Award GO LIVE!

LIVE provides administrative support and analytical support in areas such as calendar management, presentation management, travel support, and more.

Welcome to the Team

Meet Ashlyn Santee! Ashlyn joins our LIVE family as our new Creative Director. Here's a little about her:

"I'm happy to join LIVE as a Creative Director. I'm excited for the special events we are planning and honored to be able to collaborate with such a great team to help execute all of our ideas.

Outside of work I enjoy traveling, completing creative projects, staying active by trying different workout classes as well as trying new restaurants with friends and family."



Next Level Women's Retreat

The deadline for our upcoming young women's retreat May 10th! Don't miss this chance to join a group of incredible group of women to embark on a new and exciting journey to forge relationships, engage in empowering workshops, and embrace new experiences. Apply now and be a part of something truly extraordinary!

<https://immeasurableliving.org/>



LIM TRAVELS TO GUATEMALA



For the second time, LIM/LIVE traveled to Guatemala to support the families in the highland communities surrounding Antigua. We spent time building homes, visiting Escuela Kemna'oj and their local center, where we donated medical supplies, food, and educational supplies for the children. LIM/LIVE is proud to support such an amazing organization. If you would like to donate or volunteer, visit their website at

<https://www.fromhousetohomes.org/>



WHY WE RUN?

Dedicated to fitness, LIM has been actively engaged in fostering a culture of running within the Atlanta community. Our involvement in local races and the organization of pre-work runs reflects our commitment to not only physical health but also the well-being of the mind and spirit. Running serves as a conduit for embracing both physical and mental health, offering individuals a myriad of reasons to lace up their shoes and hit the pavement. For some, it's the pursuit of physical fitness and the desire to challenge oneself, while for others, it's the therapeutic release from the stresses of daily life. The camaraderie forged through group runs fosters a sense of belonging and support, creating a space where individuals can come together to uplift and motivate one another. As we continue our journey in promoting fitness and well-being, we're eager to hear from our audience about their own reasons for running, recognizing that each person's journey is unique and worthy of celebration. Send your reason here: marquita.fleming@invigorateliving.com

We want to hear from you!



WHAT'S NEXT?

May 10th is the deadline for Next Level Journey Women's Retreat!

VISIT US ON
SOCIAL MEDIA



We invite you to stay connected with LIM and be part of our community on LinkedIn. Follow us for more updates, inspiring stories, and opportunities to get involved. Together, we can make a difference! Click [here](#) to visit our LinkedIn page.



New Website coming soon!

DONATE

